

**www.seriousillness.org/bentonyakima**

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| <b>Adult Day Centers</b>   | <b>In-Home Care Providers</b> (non-skilled & skilled) |
| <b>Cancer Resources</b>  | <b>Information and Referral Services</b>              |
| <b>Cardiac Resources</b>   | <b>Insurance Counseling</b>                           |
| <b>Care Management</b>   | <b>Legal Services</b> (Elder law)                     |
| <b>Children's Resources</b>  | <b>Long Distance Caregiving</b>                       |
| <b>Diabetes Resources</b>  | <b>Nutrition Programs</b>                             |
| <b>Elder Abuse</b>   | <b>Prescription Assistance</b>                        |
| <b>Financial Assistance</b>  | <b>Respite Care</b>                                   |
| <b>Home Health Care</b> (skilled medical care)   | <b>Support Groups</b> (for patients & caregivers)     |
| <b>Home Repair, Yardwork, Weatherization</b>   | <b>Telephone &amp; Visitation Services</b>            |
| <b>Hospice</b>   | <b>Transportation, non-medical</b>                    |
| <b>Housing:</b> Adult Foster Homes   Assisted Living   Residential Care Facilities   Skilled Nursing |   |

<p><u>Medical articles:</u> Caregiving Tips; Nutrition; Pain; Talking with doctor; Getting help; Last few days</p> <p><u>Emotional-Spiritual:</u> Hope, Grief, Meaning of life, Spirituality, Relationships, Mourning</p> <p><u>Important Decisions:</u> Finances/Estate Planning, Quality of life, Health care planning, POLST, Conversation</p>
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