

www.seriousillness.org/[yourcommunity]

Adult Day Centers	In-Home Care Providers (non-skilled & skilled)
ALS Services	Information and Referral Services
Alzheimer's & other dementias	Insurance Counseling
Cancer Resources	Legal Services (Elder law)
Cardiac Resources	Long Distance Caregiving
Care Management	Nutrition Programs
Children's Resources	Prescription Assistance
Diabetes Resources	Respite Care
Elder Abuse	Support Groups (for patients & caregivers)
Financial Assistance	Technology Resources
Home Health Care (skilled medical care)	Telephone & Visitation Services
Home Repair, Yardwork, Weatherization	Transportation
Hospice	Veteran Services
Housing: Adult Foster Homes Assisted Living Residential Care Facilities Skilled Nursing	

Medical articles: Caregiving Tips; Nutrition; Pain; Talking with doctor; Getting help; Last few days

Emotional-Spiritual: Hope, Grief, Meaning of life, Spirituality, Family conflict, Mourning

Important Decisions: Finances/Estate Planning, Quality of life, Health care planning, Starting conversation

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